



## COVID-19 Food Delivery Resource Guide

Updated 5/5/2020

A list of food delivery resources on Chicago's Northwest Side

Questions or concerns? Email [northwestfoodpartners@gmail.com](mailto:northwestfoodpartners@gmail.com)

### Catholic Charities

**What It Is:** Noon-time meals are prepared and delivered by volunteers to seniors throughout Cook and Lake counties.

**Who Can Participate:** Be 60 years or older, reside in Cook or Lake counties, and have annual gross income at or below 130% of the Federal Poverty Income Guidelines

**How to Participate:** Call (312) 655-7500 or contact one of the sites listed at [link.nfpnchicago.org/CCdeliveredmeals](http://link.nfpnchicago.org/CCdeliveredmeals)

### Chicago Delivers

**What It Is:** Partnership of local churches to provide food delivery to homes on the South and West sides of Chicago during COVID-19

**Who Can Participate:** Must receive EBT or SNAP benefits or be 60 years or older

**How to Participate:** Add yourself to the waitlist at [link.nfpnchicago.org/chicago-delivers](http://link.nfpnchicago.org/chicago-delivers)

### Common Pantry

**What It Is:** Once a month, volunteers pack and deliver food.

**Who Can Participate:** Those who cannot come to the pantry on their own

**Geographic Boundaries:** Kimball Ave to the West; Ashland Ave to the East; Lawrence Ave to the North; Diversey Parkway to the South

**How to Participate:** Call (773) 327-0553

### Experimental Station Market Box

**What It Is:** Experimental Station is working with Star Farms Chicago to provide boxes of locally sourced produce, eggs, and bread to our neighbors on the South Side, supporting the community and the farmers that feed us.

**Who Can Participate:** Black, low-income, and Woodlawn-area residents will be prioritized.

**How to Participate:** [experimentalstation.org/market-box](http://experimentalstation.org/market-box)

### Humboldt Park Mutual Aid

**What It Is:** Friends and neighbors living in Humboldt Park, working to help each other out.

**Who Can Participate:** Anyone who lives in Humboldt Park, especially neighbors who are elderly, disabled, undocumented, financially challenged, immunocompromised, or marginalized.

**How to Participate:** Make a request by going to [link.nfpnchicago.org/HPMA](http://link.nfpnchicago.org/HPMA)

### Lakeview Pantry

**What It Is:** On Saturday mornings (excluding holiday weekends), Lakeview Pantry delivers food to some of the people in our neighborhood who need it most.

**Who Can Participate:** The elderly, physically disabled, and homebound who cannot receive Lakeview Pantry services.

**Geographic Boundaries:** North Avenue to the South; Lakeshore Drive to the East; Western Avenue to the West; Bryn Mawr to the North

**How to Participate:** To refer a client for a Home Delivery, please email Eva Trampka at [eva@lakeviewpantry.org](mailto:eva@lakeviewpantry.org) with the client's name, address, and phone number.

### Meals on Wheels

**What It Is:** Meals on Wheels Chicago delivers meals to the homes of seniors and individuals with disabilities in Chicago to enhance their quality of life and maximize independence.

**Who Can Participate:** Seniors and those living with disabilities

**How to Participate:**

For Seniors: The home-delivered meal program for seniors is managed by The Chicago Department of Family & Support Services. Contact their Information and Assessment line at (312) 744-4016.

For Individuals with Disabilities: Contact the Chicago Mayor's Office for People with Disabilities (MOPD) at (312) 744-6673.

### My Block My Hood My City

**What It Is:** My Block My Hood My City will be ensuring seniors have access to hand sanitizer, health supplements, toiletries, and food.

**Who Can Participate:** Seniors and those living with disabilities

**How to Participate:** Complete the form at

[/www.formyblock.org/viralresponse](http://www.formyblock.org/viralresponse)

### Top Box Foods

**What It Is:** Top Box can ship fresh fruits and vegetables and frozen meats, poultry, and fish directly to your house. They accept all credit cards and LINK. They deliver every Wednesday and Friday between 10am-5pm in May.

**Who Can Participate:** All Chicago neighborhoods are eligible for home delivery during COVID-19

**How to Participate:** Shop and place an order at

[www.topboxfoods.com/cook-county-chicago/shop-boxes](http://www.topboxfoods.com/cook-county-chicago/shop-boxes)



## Guía de recursos para la entrega de comida durante COVID-19

Actualizado 5/5/2020

Una lista de recursos para la entrega de comida que están funcionando durante COVID-19

Tienes preguntas o problemas? Manda un email a [northwestfoodpartners@gmail.com](mailto:northwestfoodpartners@gmail.com)

### Catholic Charities

**Servicio:** Preparan almuerzos y voluntarios los entregan a los ancianos en los condados Cook y Lake.

**Puedes participar si...** tienes más de 60 años, vives en el condado Cook o Lake y no ganas más que 130% de las pautas federales para la pobreza por año

**Cómo participar:** Llama (312) 655-7500 o llama uno de los lugares listado en [link.nfpnchicago.org/CCdeliveredmeals](http://link.nfpnchicago.org/CCdeliveredmeals)

### Chicago Delivers

**Servicio:** Una asociación de iglesias que están entregando comida a casas en los lados oeste y sur de Chicago durante COVID-19

**Puedes participar si...** recibes beneficios de EBT o SNAP o tienes 60 años o más

**Cómo participar:** Añádate a la lista de espera por [link.nfpnchicago.org/chicago-delivers](http://link.nfpnchicago.org/chicago-delivers)

### Common Pantry

**Servicio:** Cada mes, preparan y distribuyen comida

**Puedes participar si...** no puedes visitar despensas de comida

**Límites geográficos:** Kimball Ave al oeste; Ashland Ave al este; Lawrence Ave al norte; Diversey Parkway al sur

**Cómo participar:** Llama a (773) 327-0553

### Experimental Station Market Box

**Servicio:** Experimental Station está trabajando con Star Farms de Chicago para distribuir cajas de productos locales frescos, huevos y pan a nuestros vecinos en el lado sur, apoyando la comunidad y los granjeros que nos alimentan.

**El servicio prioriza personas...** de color, de bajos ingresos, y que viven en Woodlawn.

**Cómo participar:** [experimentalstation.org/market-box](http://experimentalstation.org/market-box)

### Humboldt Park Mutual Aid

**El Servicio:** Ellos son amigos y vecinos viviendo en Humboldt Park, que están trabajando para ayudarse unos a otros.

**Puedes participar si...** vives en o cerca de Humboldt Park, especialmente si eres anciano, discapacitado, indocumentado, de bajos ingresos, inmunocomprometido, o una persona de color.

**Cómo participar:** Pide ayuda a través del formulario [link.nfpnchicago.org/HMPA](http://link.nfpnchicago.org/HMPA) o llamando al 312-883-7526

### Lakeview Pantry

**El Servicio:** Cada sábado por la mañana, Lakeview Pantry le entrega comida a las personas en nuestro vecindario que la necesitan.

**Puedes participar si...** eres anciano, eres discapacitado, o no puedes irte de la casa para sacar comida.

**Límites Geográficos:** Bryn Mawr al norte; North Avenue al sur; Lakeshore Drive al este; Western Avenue al oeste;

**Cómo participar:** Para referir un cliente, necesita contactar a Eva Trampka a [eva@lakeviewpantry.org](mailto:eva@lakeviewpantry.org) con el nombre, dirección, y número de teléfono del cliente.

### Meals on Wheels Chicago

**El Servicio:** Meals on Wheels Chicago entrega comidas a las casas de ancianos y personas discapacitadas en Chicago para apoyar su calidad de vida y maximizar su independencia.

**Puedes participar si...** eres anciano o discapacitado

**Cómo participar:**

Si eres anciano: Contacta la oficina de Información y Evaluación en el Departamento de Familias y Servicios de Apoyo llamando al (312) 744-4016.

Si eres discapacitado: Contacta la Oficina para la Gente Discapacitada (MOPD) de la Alcaldía de Chicago llamando al (312) 744-6673.

### My Block My Hood My City

**El Servicio:** My Block My Hood My City asegura que ancianos tendrán gel antibacterial, suplementos de salud, artículos de tocador, y comida.

**Puedes participar si...** eres anciano o discapacitado

**Cómo participar:** Completa el formulario a [www.formyblock.org/viralresponse](http://www.formyblock.org/viralresponse)

### Top Box Foods

**El Servicio:** Top Box entrega frutas y vegetales frescos además de carnes y pescado congelado directamente a tu casa. Ellos aceptan todas las tarjetas de crédito y también LINK. Entregan comida cada miércoles y viernes entre 10am y 5pm durante el mes mayo.

**Puedes participar si...** vives en Chicago

**Cómo participar:** Haz compras para comida entregada en [www.topboxfoods.com/cook-county-chicago/shop-boxes](http://www.topboxfoods.com/cook-county-chicago/shop-boxes)